



Northern Rehab PT Newsletter

You have a choice where you can go for physical therapy.
Thank you for choosing Northern Rehab!

Sycamore Rd.
815.756.8524

Lincoln Hwy.
815.756.2369

Genoa
815.784.6417

Rochelle
815.562.3299

Sandwich
815.786.1888

Volume 13, Issue 19

October 1, 2019

October is National Physical Therapy Month!



October is a month-long celebration for Physical Therapy Month! All month long, we will focus on raising awareness and how physical therapists help to improve the quality of life by restoring and improving your ability to function. We'll also share educational information and tips for you to use in your daily life. Be sure to check out our Facebook and other social media platforms to see all of this valuable information!

Additionally, we're celebrating with some fun Patient Appreciation Days and holding a raffle to win a Northern Rehab sweatshirt! Be sure to fill out a raffle entry each time you visit any of our clinics. We'll raffle one sweatshirt from each clinic and the winners will be chosen the beginning of November.

Our Patient Appreciation Days are on Friday, Oct. 4 and Friday, Oct. 18; stop in any of our 5 clinics to pick up a free promotional item!

Welcome Mindy and MacKenzie!

Our Northern Rehab team is growing! We are pleased to welcome two new employees to the Northern Rehab family! Mindy (pictured right) is our new receptionist & PT Tech in our DeKalb Lincoln Highway location.



MacKenzie (pictured left) is our new receptionist & PT Tech at our Sandwich clinic!

We are excited to have both of these young ladies here with us at Northern Rehab!

Have You Met Your Deductible?

Heading into fall, you may have met your insurance deductible for 2019. A new Illinois law now allows you to see a physical therapist without a physician's prescription. If you have aches and pains, we can help you start to feel better right away! Consider using your medical insurance and medical flex spending account to take care of your re-occurring muscle or joint issues before the end of the year.

Call us for more information or to schedule an appointment at 815.756.8524.



Patient Appreciation in October!



We'd like to take this opportunity to show our appreciation and thank our patients and friends for trusting us with your rehabilitation needs. Each time you visit any of our 5 clinics in October, fill out a

raffle entry for your chance to win a Northern Rehab sweatshirt!
(One winner from each clinic will be drawn on Nov.5)

We are also hosting Patient Appreciation Days on Oct. 4 & 18! Stop in any of our 5 clinics for a token of our appreciation!

Blood Drive



We are hosting a Blood Drive at our Sandwich clinic Wed., October 16 1:30 pm - 4:30 pm.

Our blood drive goal is to collect 12 donations. Every day, Versiti Blood Center of Illinois (formerly Heartland Blood Centers) needs to see at least 600 donors to meet the demands of our hospitals. Give blood - save lives!

Check back soon with more details and how you can schedule a time to donate blood!