



Northern Rehab PT Newsletter

Freedom to Move - We work for you and the doctor of your choice!

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Northern Rehab Presents Donation To Boy Scouts of America



Northern Rehab recently presented Matthew Faltz, Senior District Executive of Three Fires Council of the Boy Scouts of America with a donation to help support the Boy Scout organization. Rob Larkins, lead Physical Therapist at Northern Rehab's DeKalb Lincoln Highway clinic, was excited to present Matt Faltz with a donation and explains, "Northern Rehab enjoys giving back to our community. There are many active local Boy Scout Troops in our community and we are happy to help support their activities and community service in our area."

Matt Faltz comments, "We are very thankful for this donation! Scouting helps prepare youth for life, and this donation will assist us in continuing to provide various activities, opportunities and training for these young scouts."

Choose PT First

No one wants to live in pain. But no one should put their health at risk in an effort to be pain free. Since 1999, Americans have increasingly been prescribed opioids—painkillers like Vicodin, OxyContin, Opana, and methodone, and combination drugs like Percocet.



In some situations, dosed appropriately, prescription opioids are an appropriate part of medical treatment. However, opioid risks include depression, overdose, and addiction, plus withdrawal symptoms when stopping use. And people addicted to prescription opioids are 40 times more likely to become addicted to heroin. The Centers for Disease Control and Prevention (CDC) is urging health care providers to reduce the use of opioids in favor of safe alternatives like physical therapy.

Don't just mask the pain. Treat it. Choose physical therapy to manage your pain without the risks and side effects of opioids. Let us know how we can help you get back to your daily activities and regain your freedom to move!

Our Gift Card Special Continues!

Treat those special Grads and Dads to a relaxing massage!

Purchase \$200 worth of gift cards and receive a coupon for a FREE 60 minute massage!

Gift cards in any amount are available at both DeKalb and Genoa locations!



Voted Best Physical Therapists Five years in a row!
And voted Best Massage Therapy in 2015 and 2016!
 Thank you for choosing us!

This was recently shared with us:

"Aaron was very informative and explained everything very clearly. The whole staff was friendly and helpful. Would highly recommend this facility!"

~ Ingrid O.

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